



Munich May 16th and 17th, 2025 <https://www.artinmotion2025.com>

## THE DRIVE TO THRIVE

In a constantly challenging and changing world, it takes more than positive thought and determination to flourish. Successful navigation of personal and professional career paths entails ingenuity as well as courage. And to avoid the quagmire of binary choices that seems to define this decade – right vs. wrong, pro vs. con – one needs daring, creativity, energy, and a good dose of self-knowledge. Then each individual seeks to strike a balance between what's good for their own health and what's needed to achieve excellence in their field. Or do they? Reflections on these topics and more will be at the heart of the next international and interdisciplinary symposium, Art in Motion 2025.

While the last meeting provided insight into the mechanisms of motivation and inspiration, the next one aims to widen that focus. This 9th Art in Motion symposium will take a critical look at what's known to be accurate-objective about a subject matter that is usually seen as elusive-intuitive. AiM25 hopes to provoke reflection by enabling researchers and practitioners to engage in critical thinking with one another. This two-day event will question whether learning and performance strategies intended to facilitate growth and achievement are allowing individuals to thrive: by themselves, in groups, in orchestras and teams, as well as within society.

On May 16th and 17th, 2025 the event will be held at the University of Music and Theater Munich. With presentations and performances, scientific papers and posters, workshops and “snacktivities,” as well as demonstrations and exhibits, attendees will be able to actively participate and exchange ideas. AiM25 provides space for participants to look for individualized answers without the pressure to find overall solutions or prescriptions. In essence, this will be a thought-provoking and boundary-crossing exploration of THE DRIVE TO THRIVE.